



NewLake
peer support

The Chatterbox

May and June 2024

Welcome!

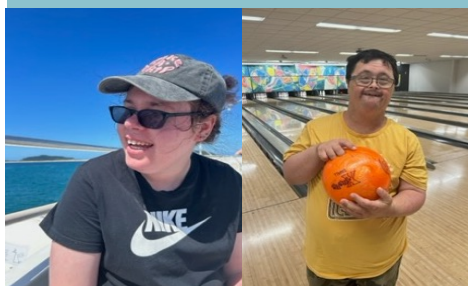
Welcome to the latest issue of the Chatterbox! We're excited to share our upcoming activities for the months ahead, and we hope you'll find them enjoyable.

If you have any suggestions for future activities, please don't hesitate to share them with us.

Newcastle Show

Several participants submitted their creations to the handicraft exhibit at the Newcastle Show. Every participant received a prize! Kudos to all involved for their creativity and dedication.

Gemma & Chris' Holiday



Gemma & Chris had a relaxing few days away in Nelson Bay in March. They enjoyed activities such as visiting the Koala Sanctuary, ten pin bowling, went on a dolphin cruise, spent time visiting the Shark & Ray centre, and more! Gemma and Chris got very lucky with the sunny weather, and both agree they would like to visit Port Stephens again soon.

Biggest Morning Tea

On Friday 24 May 2024, we will be hosting Australia's Biggest Morning Tea. Please bring along a gold coin donation, and wear something blue or yellow and enjoy a cuppa with us. Donations of cakes for the day are appreciated. All proceeds go to the Cancer Council NSW. Everyone welcome!



UPCOMING EVENTS

May:

- 3 & 4: Tocal Field Days
- 11: Iris Lodge Alpacas
- 14: The Alphabet of Awesome Science
- 15: & Juliet *Ticketed*
- 18: Grease The Musical *Ticketed*
- 25: ABBA Disco Night & BBQ
- 31: Knights vs Bulldogs *Ticketed*

June:

- 8: Australian Reptile Park
- 12: The Great British Songbook *Ticketed*
- 14 & 15: Star Struck 2024 * Ticketed*
- 22: PBR Origin II Bull Riding *Ticketed*
- 29: Knights vs Eels * Ticketed*
- 29: Snow Time in the Garden

July:

- 12: Disney on Ice - \$39.75 ticket cost
- 13: Disney on Ice - \$54 ticket cost

August:

- 24: Sister Act Sydney - \$92.40 ticket cost
- 28: Sister Act Sydney - \$61.15 ticket cost

October

- 12: Mary Poppins - \$89 ticket cost

Please complete & return your activity request forms to the office at AFCC or via email to:

reception@newlake.com.au
by 17th April.

Sun Safety Reminder

Take care in the sun



New Lake Peer Support Ltd.

Alice Ferguson Community Centre
30 Caldwell Street, Merewether 2291

02 4963 6420

info@newlake.com.au

www.newlake.com.au



What's On May 2024

Mobile A: 0413 253 696

Mobile B: 0421 382 034

Mobile E: 0413 855 202

Wednesday May 1st: Crafty Creations

Place: AFCC;

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Wednesday May 1st: Bingo & Lunch at Mayfield

Place: Mayfield RSL

Time: 11.00am Cost: \$4 per book Lunch

approx. \$20.00

Wednesday May 1st: Connections & Swimming

Place: AFCC & Coughlan's Warners Bay

Time: 10.00am to 3.00pm

Cost: \$6 entry, bring swimmers, towel, morning tea & lunch

Wednesday May 1st: Encore

Place: AFCC;

Time 5.00pm to 8.00pm

Cost: \$4.00 for meal & fruit or bring your own meal

Thursday May 2nd: Mitez & Music Melody

Place: AFCC;

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Thursday May 2nd: Linx & Music Melody

Place: AFCC

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Thursday May 2nd: Stepping Out

Place; CMPC;

Time: 5.00pm to 8.00pm

Bring: Please bring your own meal

Friday May 3rd: Crafty Creations

Place: AFCC.

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Friday May 3rd: Tocal Field Days

Time: 9am to 3pm

Cost: \$16.00 for ticket

Bring: Morning tea, lunch or money to buy

Friday May 3rd: Friday Frolics

Place: AFCC; Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Saturday May 4th: Arty Antics (Mobile A)

Place: AFCC;

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Saturday May 4th: Tocal Field Days (Mob E)

Time 9.00am to 4.00pm.

Cost: \$16.00

Bring: Please bring lunch, drink or money to buy

Bus trip "M'wether" C'town

Saturday May 4th: Mega Creatures Night Safari (Mob B)

Time: 4pm to 10pm

Cost: \$40 entry fee

Bring: Bring your own packed dinner or money to buy.

Bus trip "M'wether" C'town

Monday May 6th: Monday Melodies

Place: AFCC;

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Monday May 6th: Toronto Capers

Monday May 6th: Crafty Creations

Place: AFCC

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Monday May 6th: Harmonies

Place: AFCC

Time: 5.00pm to 8.00pm

Please bring your evening meal

Tuesday May 7th: Tuesday Frolics

Place: AFCC;

Time: 10am to 3pm

Bring: Please bring your own morning tea & lunch

Tuesday May 7th: Crafty Creations

Place: The Caldwell Centre

Time: 10am to 3pm

Bring: Please bring your own morning tea & lunch

Tuesday May 7th: Mitez

Place: AFCC;

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Tuesday May 7th: Bingo & Lunch Mayfield

Time: 9am to 3pm

Cost: \$2.50 half book or \$11 for computer bingo

Bring: Morning tea, lunch or money to buy

Tuesday May 7th: Viva

Place: CMPC. Time: 5.00pm to 8.00pm

Bring: Please bring your own evening meal

Wednesday May 8th: Crafty Creations

Place: AFCC;

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Wednesday May 8th: Anna Bay Putt Putt

Time: 9am to 3pm

Cost: \$8 per game

Bring: Morning tea, lunch or money to buy

Wednesday May 8th: Connections & Swimming

Place: AFCC & Coughlan's Warners Bay

Time: 10.00am to 3.00pm

Cost: \$6 entry, bring swimmers, towel, morning tea & lunch

Wednesday May 8th: Encore

Place: AFCC;

Time 5.00pm to 8.00pm

Cost: \$4.00 for meal & fruit or bring your own meal

Thursday May 9th: Mitez & Music Melody

Place: AFCC;

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Thursday May 9th: Linx & Music Melody

Place: AFCC

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Thursday May 9th: Stepping Out

Place; CMPC;

Time: 5.00pm to 8.00pm

Bring: Please bring your own meal

Friday May 10th: Crafty Creations

Place: AFCC.
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Friday May 10th: Ten Pin Bowling Raymond Terrace

Time: 9am to 3pm
 Cost: \$15.95 for two games
 Bring: Morning tea, lunch or money to buy

Friday May 10th: Friday Frolics

Place: AFCC; Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Saturday May 11th: Arty Antics (Mobile A)

Place: AFCC;
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Saturday May 11th: Mayfield Day (Mob E)

Time: 10am to 3pm
 Bring: Morning tea, lunch or money to buy
 Transport: Day Trip " M'wether " C'town

Saturday May 11th: Iris Lodge Alpacas (Mob B)

Time 9.00am to 4.00pm.
 Cost: \$27.50
 Bring: Please bring lunch, drink or money to buy
 Transport: Day Trip " M'wether " C'town

Monday May 13th: Monday Melodies

Place: AFCC;
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Monday May 13th: Toronto Capers**Monday May 13th: Crafty Creations**

Place: AFCC
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Monday May 13th: Harmonies

Place: AFCC
 Time: 5.00pm to 8.00pm
 Please bring your evening meal

Tuesday May 14th: Tuesday Frolics

Place: AFCC;
 Time: 10am to 3pm
 Bring: Please bring your own morning tea & lunch

Tuesday May 14th: Crafty Creations

Place: The Caldwell Centre
 Time: 10am to 3pm
 Bring: Please bring your own morning tea & lunch

Tuesday May 14th: Matez

Place: AFCC;
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Tuesday May 14th: The Alphabet of Awesome Science 2024

Place: Laycock Theatre
 Time: 9am to 3pm
 Cost: \$25 ticket
 Bring: Please bring your own morning tea & lunch

Wednesday May 15th: Crafty Creations

Place: AFCC;
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Wednesday May 15th: & Juliet *Ticketed Event*

Time: TBA
 Cost: \$ 69.90
 Meet: Broadmeadow Railway Station
 Bring: Please bring picnic lunch, drink, or money to buy

Wednesday May 15th: Connections & Swimming

Place: AFCC & Coughlan's Warners Bay
 Time: 10.00am to 3.00pm
 Cost: \$6 entry, bring swimmers, towel, morning tea & lunch

Wednesday May 15th: Encore

Place: AFCC;
 Time 5.00pm to 8.00pm
 Cost: \$4.00 for meal & fruit or bring your own meal

Thursday May 16th: Matez & Music Melody

Place: AFCC;
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Thursday May 16th: Linx & Music Melody

Place: AFCC
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Thursday May 16th: Stepping Out

Place: CMPC; Time: 5.00pm to 8.00pm
 Bring: Please bring your own meal

Friday May 17th: Crafty Creations

Place: AFCC.
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Friday May 17th: Friday Frolics

Place: AFCC;
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Friday May 17th: Bingo & lunch Mayfield

Place: Wests, 32 Industrial Dr Mayfield
 Time: 10.00am (inside foyer) Pick Up: 2.30pm
 Cost: \$2.50 half book: \$11 for Computer Bingo
 Lunch approx. \$20.00

Saturday May 18th: Saturday Scene (Mobile A)

Place: CMPC. Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Saturday May 18th: Grease the Musical (Mob E).

Time: TBA
 Meet: Broadmeadow Station
 Cost: \$89.80 ticket
 Bring: Snack, drink & Lunch or money purchase

Saturday May 18th: Ten Pin Bowling (Mob B).

Place: Raymond Terrace
 Time: 9am to 4pm
 Cost: \$15.95 for two games
 Bring: Morning tea, lunch or money to buy
 Bus trip " M'wether " C'town

Monday May 20th: Monday Melodies

Place: AFCC;
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Monday May 20th: Toronto Capers**Monday May 20th: Crafty Creations**

Place: AFCC
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Monday May 20th: Harmonies

Place: AFCC Time: 5.00pm to 8.00pm
 Bring: Please bring your evening meal

Tuesday May 21st: Tuesday Frolics

Place: AFCC;
 Time: 10am to 3pm
 Bring: Please bring your own morning tea & lunch

Tuesday May 21st: Crafty Creations

Place: The Caldwell Centre
 Time: 10am to 3pm
 Bring: Please bring your own morning tea & lunch

Tuesday May 21st: Matez

Place: AFCC;
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Tuesday May 21st: Ten Pin Bowling Raymond Terrace

Time: 9am to 3pm
 Cost: \$15.95 for two games
 Bring: Morning tea, lunch or money to buy

Tuesday May 21st: Viva

Place: CMPC. Time: 5.00pm to 8.00pm
 Bring: Please bring your own evening meal

Wednesday May 22nd: Crafty Creations

Place: AFCC
 Time: 10.00am to 3.00pm
 Bring: Please bring your own lunch and morning tea

Wednesday May 22nd: Connections & Swimming

Place: AFCC & Coughlan's Warners Bay
 Time: 10.00am to 3.00pm
 Cost: \$6 entry, bring swimmers, towel, morning tea & lunch

Wednesday May 22nd: Encore

Place: AFCC
 Time 5.00pm to 8.00pm
 Cost: \$4.00 for light meal & fruit or bring your own

Wednesday May 22nd: Bingo & Lunch

Place: Wests, 32 Industrial Dr Mayfield
 Time: 10.00am (inside foyer) Pick Up: 2.30pm
 Cost: \$2.50 half book: \$11 for Computer Bingo
 Lunch approx. \$20.00

Thursday May 23rd: Matez & Music Melody

Place: AFCC. Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Thursday May 23rd: Linx & Music Melody

Place: AFCC
 Time: 10.00am to 3.00pm
 Please bring your own morning tea & lunch

Thursday May 23rd: Stepping Out

Place: CMPC; Time: 5.00pm to 8.00pm
 Please bring your own meal

Friday May 24th: Crafty Creations

Place: AFCC;
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Friday May 24th: Friday Frolics

Place: AFCC; Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Friday May 24th: Fighter World

Time: 9am to 3pm
 Cost: \$16
 Bring: Please bring your own morning tea & lunch

Saturday May 25th: Arty Antics (Mob A)

Place: AFCC
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Saturday May 25th: ABBA Disco Night & BBQ

Place: AFCC 30 Caldwell Street Merewether
 Time: 5pm to 9pm
 Cost: \$4 BBQ dinner

Saturday May 25th: Movies & Lunch Raymond Terrace (Mob E).

Time: 9am to 4pm. Cost: \$12 ticket + \$20 lunch.
 Bring: Please bring your own morning tea & lunch
 Bus trip " M'wether " C'town

Monday May 27th: Monday Melodies

Place: AFCC; Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Monday May 27th: Toronto Capers**Monday May 27th: Crafty Creations**

Place: AFCC; Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Monday May 27th: Harmonies

Place: AFCC; Time: 5.00pm to 8.00pm
 Please bring your own meal, tea & coffee provided.

Tuesday May 28th: Tuesday Frolics

Place: AFCC;
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Tuesday May 28th: Crafty Creations

Place: Caldwell Centre; Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Tuesday May 28th: Movies & Lunch Green Hills (Mob E)

Time 9am to 3pm. Cost: \$19 ticket + \$20 lunch.
 Bring: Please bring your own morning tea & lunch

Tuesday May 28th: Matez

Place: AFCC; Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Wednesday May 29th: Crafty Creations

Place: AFCC; Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Wednesday May 29th: Ten Pin Bowling Raymond Terrace.

Time: 9am to 3pm
 Cost: \$15.95 for two games
 Bring: Morning tea, lunch or money to buy

Wednesday May 29th: Connections & Swimming

Place: AFCC & Coughlan's Warners Bay
 Time: 10.00am to 3.00pm
 Cost: \$6 entry, bring swimmers, towel, morning tea & lunch

Wednesday May 29th: Encore

Time 5.00pm to 8.00pm
 Cost: \$4.00 for light meal & fruit or bring your own

Thursday May 30th: Matez & Music Melody

Place: AFCC
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Thursday May 30th: Linx & Music Melody

Place: AFCC.
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Thursday May 30th: Stepping Out

Place; CMPC.
 Time: 5.00pm to 8.00pm
 Bring: Please bring your own meal

Friday May 31st: Crafty Creations

Place: AFCC;
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Friday May 31st: Friday Frolics

Place: AFCC; Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Friday May 31st: Knights vs Bulldogs

Time: TBA evening game
 Cost: \$28.80 ticket
 Bring: Please bring your own morning tea & lunch

What's On June 2024**Saturday June 1: Arty Antics (Mob A)**

Place: AFCC
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Saturday June 1: & Juliet (Mob B)

Time: TBA Cost: \$79.90 ticket
 Bring: Snack, drink & Lunch or money purchase
 Meet: Broadmeadow Station

Saturday June 1: Ten Pin (Mob E)

Place: Raymond Terrace
 Time: 9am to 4pm Cost: \$15.95 for two games
 Bring: Morning tea, lunch or money to buy
 Bus trip " M'wether " C'town

Monday June 3rd : Monday Melodies

Place: AFCC. Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Monday June 3rd: Toronto Capers**Monday June 3rd: Crafty Creations**

Place: AFCC. Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Monday June 3rd: Harmonies

Place: AFCC Time: 5.00pm to 8.00pm
 Please bring your meal; tea & coffee will be provided

Tuesday June 4th: Tuesday Frolics

Place: AFCC
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Tuesday June 4th: Crafty Creations

Place: The Caldwell Centre
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Tuesday June 4th: Ten Pin Bowling – Raymond Terrace

Time: 9am to 3pm Cost: \$15.95 for two games
 Bring: Morning tea, lunch or money to buy
 Bus trip " M'wether " C'town

Tuesday June 4th: Matez

Place: AFCC;
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Tuesday June 4th: Viva

Place: CMPC
 Time: 5.00pm to 8.00pm
 Bring: Please bring your own meal.

Wednesday June 5th: Crafty Creations

Place: AFCC
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Wednesday June 5th: Blackbutt Picnic lunch

Time: 9am to 3pm
 Bring: Please bring lunch, drink or money to buy

Wednesday June 5th: Connections & Swimming

Place: AFCC & Coughlan's Warners Bay
 Time: 10.00am to 3.00pm
 Cost: \$6 entry, bring swimmers, towel, morning tea & lunch

Wednesday June 5th: Encore

Place: AFCC
 Time 5.00pm to 8.00pm
 Cost: \$4.00 for light meal & fruit or bring your own

Thursday June 6th: Matez & Music Melody

Place: AFCC
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Thursday June 6th: Linx & Music Melody

Place: AFCC.
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Thursday June 6th: Stepping Out

Place; CMPC Time: 5.00pm to 8.00pm
 Bring: Please bring your own meal

Friday June 7th: Crafty Creations

Place: AFCC
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Friday June 7th: Friday Frolics

Place: AFCC
 Time: 10.00am to 3.00pm
 Bring: Please bring lunch, drink or money to buy

Friday June 7th: Cash House & Lunch

Place: Club Macquarie
 Time: 9am to 3pm
 Cost: \$13 and Lunch \$13.90

Saturday June 8th: Arty Antics (Mob A)

Place: AFCC
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Saturday June 8th: The Entrance Day Trip (Mob B)

Time: 9am to 4pm
 Bring: Morning tea, lunch or money to buy
 Bus trip " M'wether " C'town

Saturday June 8th: Movies & Lunch (Mob E)

Place: Raymond Terrace
 Time: 9am to 4pm
 Cost: \$12
 Bring: Morning tea, lunch or money to buy
 Bus trip " M'wether " C'town

Monday June 10th:**PUBLIC HOLIDAY**

Office closed

Tuesday June 11th: Tuesday Frolics

Place: AFCC.

Time: 10am to 3pm

Bring: Please bring your own morning tea & lunch

Tuesday June 11th: Crafty Creations

Place: Caldwell Centre

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Tuesday June 11th: Bingo & Lunch Mayfield

Place: Wests, 32 Industrial Dr Mayfield

Time: 10.00am (inside foyer) Pick Up: 2.30pm

Cost: \$2.50 half book: \$11 for Computer Bingo

Lunch approx. \$20.00

bring your own morning tea & lunch or money to buy.

Tuesday June 11th: Matez

Place: AFCC

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Wednesday June 12th: Crafty Creations

Place: AFCC

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Wednesday June 12th: Connections & Swimming

Place: AFCC & Coughlan's Warners Bay

Time: 10.00am to 3.00pm

Cost: \$6 entry, bring swimmers, towel, morning tea & lunch

Wednesday June 12th: The Greatest British Songbook

Place: Laycock Theatre

Cost: \$22 ticket

Time: 9am to 3pm

Bring: Morning tea, lunch or money to buy

Wednesday June 12th: Encore

Place: AFCC

Time 5.00pm to 8.00pm

Cost: \$4.00 for light meal & fruit or bring your own

Thursday June 13th: Matez & Music Melody

Place: AFCC

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Thursday June 13th: Linx & Music Melody

Place: AFCC

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Thursday June 13th: Stepping Out

Place: CMPC. Time: 5.00pm to 8.00pm

Bring: Please bring your own meal

Friday June 14th: Crafty Creations

Place: AFCC.

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Friday June 14th: Friday Frolics

Place: AFCC

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Friday June 14th: Starstruck 2024

Time: 9.00am to 3.00pm

Cost: TBA

Bring: Please bring your own morning tea & lunch

Saturday June 15th: Saturday Scene (Mobile A)

Place: CMPC

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Friday June 15th: Starstruck 2024

Time: 9.00am to 3.00pm

Cost: TBA

Bring: Please bring your own morning tea & lunch

Saturday June 15th: Madam Tussauds (Mob E)

Place: Sydney

Cost: \$31 entry fee

Bring: Morning tea, lunch or money to buy

Time: TBA

Meet: Broadmeadow Railway Station

Monday June 17th: Monday Melodies

Place: AFCC;

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Monday June 17th: Toronto Capers**Monday June 17th: Crafty Creations**

Place: AFCC;

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Monday June 17th: Harmonies

Place: AFCC Time: 5.00pm to 8.00pm

Bring your own meal; tea & coffee will be provided

Tuesday June 18th: Crafty Frolics

Place: AFCC.

Time: 10am to 3pm

Bring: Please bring your own morning tea & lunch

Tuesday June 18th: Crafty Creations

Place: Caldwell Centre Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Tuesday June 18th: Morpeth Heritage Walk

Time: 9am to 3pm

Bring: Morning tea, lunch or money to buy

Tuesday June 18th: Matez

Place: AFCC

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Tuesday June 18th: Viva

Place: CMPC

Time: 5.00pm to 8.00pm

Bring: Please bring your own meal.

Wednesday June 19th: Crafty Creations

Place: AFCC

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Wednesday June 19th: Ten Pin Bowling

Place: Salamander Bay

Cost: \$15 per game

Time: 9.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Wednesday June 19th: Connections & Swimming

Place: AFCC & Coughlan's Warners Bay
 Time: 10.00am to 3.00pm
 Cost: \$6 entry, bring swimmers, towel, morning tea & lunch

Wednesday June 19th: Encore

Place: AFCC
 Time 5.00pm to 8.00pm
 Cost: \$4.00 for light meal & fruit or bring your own

Thursday June 20th: Mitez & Music Melody

Place: AFCC. Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Thursday June 20th: Linx & Music Melody

Place: AFCC
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Thursday June 20th: Stepping Out

Place; CMPC. Time: 5.00pm to 8.00pm
 Bring: Please bring your own meal

Friday June 21st: Crafty Creations

Place: AFCC Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Friday June 21st: Friday Frolics

Place: AFCC Time: 10.00am to 3.00pm
 Bring: Please bring lunch, drink or money to buy

Friday June 21st: Movies & Lunch Charlestown

Time: 9am to 3pm Cost: \$17
 Bring: Morning tea, lunch or money to buy

Saturday June 22nd: Arty Antics (Mobile A)

Place: AFCC
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Saturday June 22nd: Koala Sanctuary (Mob B)

Time: 9am to 4pm
 Cost: \$19 per ticket
 Bring: Bring your own morning tea & lunch or money to buy.
 Bus trip " M'wether " C'town

Saturday June 22nd: PBR Origin II Bull Riding (Mob E) *Ticketed Event*

Place: Newcastle Entertainment Centre
 Time: TBA
 Cost: \$80 per ticket

Monday June 24th: Monday Melodies

Place: AFCC
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Monday June 24th: Toronto Capers**Monday June 24th: Crafty Creations**

Place: AFCC; Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Monday June 24th: Harmonies

Place: AFCC.
 Time: 5.00pm to 8.00pm
 Bring your own meal; tea & coffee will be provided

Tuesday June 25th: Tuesday Frolics

Place: AFCC. Time: 10am to 3pm
 Bring: Please bring your own morning tea & lunch

Tuesday June 25th: Crafty Creations

Place: Caldwell Centre
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Tuesday June 25th Newcastle Museum & Lunch

Time: 9am to 3pm
 Bring: Please bring packed lunch or money to buy

Tuesday June 25th: Mitez

Place: AFCC
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Wednesday June 26th: Crafty Creations

Place: AFCC
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Wednesday 26th: Bingo & Lunch Mayfield

Time: 9am to 3pm
 Cost: \$4 per game
 Bring: Morning tea, lunch or money to buy

Wednesday June 26th: Connections & Swimming

Place: AFCC & Coughlan's Warners Bay
 Time: 10.00am to 3.00pm
 Cost: \$6 entry, bring swimmers, towel, morning tea & lunch

Wednesday June 26th: Encore

Place: AFCC
 Time 5.00pm to 8.00pm
 Cost: \$4.00 for light meal & fruit or bring your own

Thursday June 27th: Mitez & Music Melody

Place: AFCC
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Thursday June 27th: Linx & Music Melody

Place: AFCC
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Thursday June 27th: Stepping Out

Place; CMPC. Time: 5.00pm to 8.00pm
 Bring: Please bring your own meal

Friday June 28th: Crafty Creations

Place: AFCC
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Friday June 28th: Friday Frolics

Place: AFCC
 Time: 10.00am to 3.00pm
 Bring: Please bring lunch, drink or money to buy

Friday 28th: Club Bingo

Place: 16' Sailing Club
 Cost: \$5 + approx. \$20 for lunch
 Time: 9.00am to 3.00pm

Saturday June 29th: Arty Antics (Mobile A)

Place: AFCC
 Time: 10.00am to 3.00pm
 Bring: Please bring your own morning tea & lunch

Saturday June 29th: Snow Time in the Garden (Mob B)

Time: 9am to 4pm
 Where: Hunter Valley Gardens
 Cost: \$TBA
 Bring: Bring your own morning tea & lunch or money to buy.
 Bus trip " M'wether " C'town

Saturday June 29th: Knights vs Eels (Mob E) *Ticketed Event*

Time: TBA
 Cost: \$28.80 per ticket
 Bring: please bring picnic dinner or lunch and drink or Transport from home.



NewLake
peer support

The Chatterbox

May and June 2024

Easter Celebrations

Last month, we celebrated Easter. We indulged in various activities including crafting, a colour competition and we held an Easter raffle with many lucky winners.

A huge thank you to everyone who contributed to the success of our Easter activities. Your involvement and energy made the day so much fun!



NLPS Photo Album



We are organising a stall for the special people in your life, such as your mother, aunt, grandma, and other special people to celebrate Mother's Day. Gifts will be for sale from \$1.



We are also having a Mother's Day raffle for all the special people in your life. Tickets are \$1 each and the raffle will be drawn on 9 May 2024. Special thanks to Dianne Ball for the beautiful decorated cake.



Disney on Ice – Road Trip Adventures is again returning to Newcastle 11-14 July 2024. Let us know if you are interested in attending this event, so we can secure tickets.

Forster Holiday

David and Gemma recently enjoyed a fun holiday in Forster. Their days were packed with activities like tenpin bowling, exploring the arts and craft centre, shopping, indulging in a beachside picnic, browsing through the little wombat bookshop, visiting The Great Lakes Museum and plenty more.



The Office will be closed on Monday 10 June 2024 for the King's Birthday Public Holiday.



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