

The Chatterbox



Welcome to the latest instalment of The Chatterbox

Easter Craft

The participants of our day programs at the centre have loved doing lots of easter craft, card making and painting over the last few weeks. Here are Kelly and Debbie painting Ukranian easter eggs.



Central Coast Day Trip

On Saturday 13th March; Melissa, Carrie and Jodie went on a day trip to the Central Coast. The ladies enjoyed a day of sightseeing, short walks, music and a picnic lunch at Long-Jetty!



Koala Sanctuary

Today I met my friends at New Lake, and then had morning tea at Newcastle McDonald's. We went to see the koalas and walked around the Sanctuary. We had lunch at Nelson Bay and then went home. I enjoyed being with my friends.

- Michael Wheatley

New Lake Peer Support Ltd.

Alice Ferguson Community Centre
30 Caldwell Street, Merewether 2291

Upcoming Events

PBR Origin 1 – Bull Riding

Saturday 3 July 2021 at 7:30 PM
We have purchased a couple of tickets if you are interested in attending, please let us know. Tickets \$85.45

State of Origin II

Sunday 27th June 2021
We have purchased a couple of tickets if you are interested in attending, please let us know. Five night stay in Brisbane.

State of Origin – Game III (Sydney)

Wednesday 14th July
We have purchased a couple of tickets for Game III if you are interested in attending. Two night stay in Sydney

NSW Dine & Discover Vouchers

The NSW Government has launched Dine & Discover NSW to encourage the community to get out and about and support dining, arts and tourism businesses. NSW residents aged 18 and over can apply for 4 x \$25 vouchers, worth \$100 in total.

- 2 x \$25 Dine NSW Vouchers to be used for dining in at restaurants, cafés, bars, wineries, pubs or clubs.
- 2 x \$25 Discover NSW Vouchers to be used for entertainment and recreation, including cultural institutions, live music, and arts venues.

Swimming



During March, participants from our Monday and Wednesday programs have been enjoying swimming. This activity has been a great opportunity to get fit, decrease stress and have fun with friends!

The Show



It was great to have the Newcastle Show back this year, and Melissa, Ian and Lauren enjoyed great weather and a great day out.

COVID-19 Vaccine Rollout

Information that lists all current GP's providing the vaccine during Phase 1B can be found at the Department of Health
Website: Phase 1b roll out

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Saturday May 1st: Arty Antics (Mobile A)

Place; Alice Ferguson Community Centre

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Newcastle area

Saturday May 1st: The Little Mermaid (Mobile D)

Place: Laycock St Theatre 5 Laycock St Wyoming

Time: TBA when booking in Show commences 2.00pm

Cost: \$36.00 per ticket Transport: \$15.00 to be invoiced

Transport: Bus trip ♦ M'wether ♦ C'town ♦ Toronto

Saturday May 1st: Knights Football Game (Mobile G)

Place: McDonald Jones Stadium 294 Turton Rd Broadmeadow

Time: 6.30pm to 9.30pm Game commences 7.35pm

Cost: Ticket \$16.00

Bring: Money to purchase meal or bring snacks etc. from home

Transport: Newcastle area

Monday May 3rd: Crafty Creations

Place: Alice Ferguson Community Centre

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Eastlakes/Swansea area

Monday May 3rd: Monday Melodies

Place: Alice Ferguson Community Centre

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Newcastle area

Monday May 3rd: Toronto Capers

Monday May 3rd: Harmonies

Time: 5.00pm to 8.00pm Cost: \$4.00 (incl. light meal)

Tuesday May 4th: Mitez

Place: Alice Ferguson Community Centre

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Eastlakes/Swansea area

Tuesday May 4th: Tuesday Frolics

Place: Alice Ferguson Community Centre

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Newcastle area

Tuesday May 4th: Bingo & Lunch

Place: Wests Mayfield, 32 Industrial Dr Mayfield

Time: 10.00am (inside foyer) Pick Up: 2.30pm (outside foyer)

Cost: \$5.00 per book or \$2.50 half book – extra for iPad

Lunch approx. \$20.00

Tuesday May 4th: Viva - CMPC

Time: 5.00pm to 8.00pm Bring: Please bring your own meal

Wednesday May 5th: Crafty Creations

Place: Alice Ferguson Community Centre

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Eastlakes/Swansea area

Wednesday May 5th: Connections

Place: Alice Ferguson Community Centre

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Newcastle area

Wednesday May 5th: Ten Pin Bowling

Place: Warners Bay Time: TBA when booking in

Cost: \$8.00 (per game) Bring: morning tea, lunch purchase to

Transport: Transport from home

Wednesday May 5th: Encore

Time 5.00pm to 8.00pm Cost: \$4.00 (incl. light meal)

Thursday May 6th: Mitez & Music Melody - AFCC

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Thursday May 6th: Linx & Music Melody - AFCC

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Thursday May 6th: Stepping Out

Place; Charlestown Multi-purpose Centre

Time: 5.00pm to 8.00pm Bring: Please bring your own meal

Friday May 7th: Friday Frolics - AFCC

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Newcastle/Eastlakes/Swansea area

Friday May 7th: Day Trip - Morpeth

Time: TBA when booking in

Bring: Morning tea, packed lunch and drink

Friday May 7th: Cooking, iPad & Craft - AFCC

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Saturday May 8th: Arty Antics (Mobile A)

Place; Alice Ferguson Community Centre

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Newcastle area

Saturday May 8th: Scone Horse Festival Day Trip (Mob D)

Place: Scone

Time: TBA \$15 transport to be invoiced

Bring: Picnic lunch & morning tea, drink, or money to buy

Transport: Bus trip ♦ M'wether ♦ C'town ♦ Toronto

Saturday May 8th: Putt Putt Golf - Anna Bay (Mobile G)

Place: David Grahams Golf Complex Anna Bay

Time: TBA when booking in

Cost: \$8.00 per game Transport: \$15.00 to be invoiced

Bring: morning tea, lunch, drink, hat, or money to purchase

Transport: Bus trip: ♦ M'wether ♦ C'town

Monday May 10th: Crafty Creations

Place: Alice Ferguson Community Centre

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Eastlakes/Swansea area

Monday May 10th: Monday Melodies

Place: Alice Ferguson Community Centre

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Newcastle area

Monday May 10th: Toronto Capers

Monday May 10th: Harmonies

Time: 5.00pm to 8.00pm Cost: \$4.00 (incl. light meal)

Tuesday May 11th: Mitez

Place: Alice Ferguson Community Centre

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Eastlakes/Swansea area

Tuesday May 11th: Tuesday Frolics

Place: Alice Ferguson Community Centre

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Newcastle area

Tuesday May 11th: Movies & Lunch

Place: Charlestown Hoyts Theatre

Time: 10.00am to 3.00pm. Cost: \$16 per ticket

Bring: Money to purchase lunch

Wednesday May 12th: Crafty Creations

Place: Alice Ferguson Community Centre

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Eastlakes/Swansea area

Wednesday May 12th: Connections

Place: Alice Ferguson Community Centre

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Newcastle area

Wednesday May 12th: Day Trip – Paterson

Time: TBA when booking in

Bring: Morning tea, packed lunch and drink

Transport: Transport from home

Wednesday May 12th: Encore

Time 5.00pm to 8.00pm Cost: \$4.00 (incl. light meal)

Thursday May 13th: Mitez & Music Melody - AFCC

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Thursday May 13th: Linx & Music Melody - AFCC

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Thursday May 13th: Stepping Out

Place; Charlestown Multi-purpose Centre

Time: 5.00pm to 8.00pm Bring: Please bring your own meal

Friday May 14th: Friday Frolics - AFCC

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Newcastle/Eastlakes/Swansea area

Friday May 14th: Bingo & Lunch

Place: Wests Mayfield, 32 Industrial Dr Mayfield

Time: TBA when booking in

Cost: \$5.00 per book or \$2.50 half book Lunch approx. \$20.00

Friday May 14th: Cooking, iPad & Craft - AFCC

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Saturday May 15th: Saturday Scene (Mobile A)

Place; Charlestown Multi-purpose Centre

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Newcastle area

Saturday May 15th: Ten Pin Bowling (Mobile D)

Place: Warners Bay

Time: 10.30am to 1.30pm Cost: \$10.00 (per game)

Bring: Morning tea, lunch or money to purchase

Transport: Eastlakes/Swansea area

Sat May 15th: Irukandji – Shark & Ray Encounters (Mob G)

Place: 686 Marsh Road, Bobs Farm Port Stephens

Time: TBA when booking in Cost: Entry \$27.00 paid on day

Transport: \$15.00 transport to be invoiced

Bring: Morning tea, drink, lunch or money to buy lunch

Transport: Bus trip: ♦ M'wether ♦ C'town

Monday May 17th: Crafty Creations

Place: Alice Ferguson Community Centre

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Eastlakes/Swansea area

Monday May 17th: Monday Melodies

Place: Alice Ferguson Community Centre

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Newcastle area

Monday May 17th: Toronto Capers**Monday May 17th: Harmonies**

Time: 5.00pm to 8.00pm Cost: \$4.00 (incl. light meal)

Tuesday May 18th: Mitez

Place: Alice Ferguson Community Centre

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Eastlakes/Swansea area

Tuesday May 18th: Tuesday Frolics

Place: Alice Ferguson Community Centre

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Newcastle area

Tuesday May 18th: Bingo & Lunch

Place: Wests Mayfield, 32 Industrial Dr Mayfield

Time: 10.00am (inside foyer) Pick Up: 2.30pm (outside foyer)

Cost: \$5.00 per book or \$2.50 half book – extra for iPad

Lunch approx. \$20.00

Tuesday May 18th: Viva - CMPC

Time: 5.00pm to 8.00pm Bring: Please bring your own meal

Wednesday May 19th: Crafty Creations

Place: Alice Ferguson Community Centre

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Eastlakes/Swansea area

Wednesday May 19th: Connections

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Newcastle area

Wednesday May 19th: Ten Pin Bowling

Place: Warners Bay Time: TBA when booking in

Cost: \$8.00 (per game) Bring: morning tea, lunch or purchase

Transport: Transport from home

Wednesday May 19th: Encore

Time 5.00pm to 8.00pm Cost: \$4.00 (incl. light meal)

Thursday May 20th: Mitez & Music Melody - AFCC

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Thursday May 20th: Linx & Music Melody - AFCC

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Thursday May 20th: Stepping Out

Place; Charlestown Multi-purpose Centre

Time: 5.00pm to 8.00pm Bring: Please bring your own meal

Friday May 21st: Friday Frolics - AFCC

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Newcastle/Eastlakes/Swansea area

Friday May 21st: Day Trip – Central Coast

Time: TBA when booking in

Bring: Morning tea, packed lunch and drink

Friday May 21st: Cooking, iPad & Craft - AFCC

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Saturday May 22nd: Arty Antics (Mobile A)

Place; Alice Ferguson Community Centre

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Newcastle area

Saturday May 22nd: Amazement Farm & Fun Park (Mob D)

Place: 170 Yarramalong Rd, Wyong Creek

Time: TBA Cost: \$16.00 entry paid on day

Transport: \$15 to be invoiced

Bring: Picnic lunch & morning tea, drink, or money to buy

Transport: Bus trip ♦ M'wether ♦ C'town ♦ Toronto

Saturday May 22nd: Day Trip - Nelson Bay (Mobile G)

Bring: Morning tea, packed lunch and drink

Cost: Transport: \$15.00 to be invoiced

Transport: Bus trip: ♦ M'wether ♦ C'town

Monday May 24th: Crafty Creations

Place: Alice Ferguson Community Centre

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Eastlakes/Swansea area

Monday May 24th: Monday Melodies

Place: Alice Ferguson Community Centre

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Newcastle area

Monday May 24th: Toronto Capers**Monday May 24th: Harmonies**

Time: 5.00pm to 8.00pm Cost: \$4.00 (incl. light meal)

Tuesday May 25th: Mitez

Place: Alice Ferguson Community Centre

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Eastlakes/Swansea area

Tuesday May 25th: Tuesday Frolics

Place: Alice Ferguson Community Centre

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Newcastle area

Tuesday May 25th: Ten Pin Bowling

Place: Warners Bay Time: TBA when booking in

Cost: \$8.00 (per game) Bring: morning tea, lunch or purchase

Transport: Transport from home

Wednesday May 26th: Crafty Creations

Place: Alice Ferguson Community Centre

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Eastlakes/Swansea area

Wednesday May 26th: Connections

Place: Alice Ferguson Community Centre

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Newcastle area

Wednesday May 26th: Bingo & Lunch

Place: Wests New Lambton 88 Hobart Drive, New Lambton

Time: TBA when booking in

Cost: \$4.00 per book of 20 games extra for iPad

Lunch approx. \$20.00

Transport: Transport from home

Wednesday May 26th: Encore

Time 5.00pm to 8.00pm Cost: \$4.00 (incl. light meal)

Thursday May 27th: Mitez & Music Melody - AFCC

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Thursday May 27th: Linx & Music Melody - AFCC

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Thursday May 27th: Stepping Out

Place; Charlestown Multi-purpose Centre

Time: 5.00pm to 8.00pm Bring: Please bring your own meal

Friday May 28th: Friday Frolics - AFCC

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Newcastle/Eastlakes/Swansea area

Friday May 28th: Movies & Lunch

Place: Charlestown Hoyts Theatre

Time: 10.00am to 3.00pm. Cost: \$16 per ticket

Bring: Money to purchase lunch

Friday May 28th: Cooking, iPad & Craft - AFCC

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Saturday May 29th: Arty Antics (Mobile A)

Place; Alice Ferguson Community Centre

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Newcastle area

Saturday May 29th: Australian Reptile Park (Mobile D)

Place: Pacific Hwy Somersby Time: TBA

Ticket entry \$35.00 paid on day Transport: \$15.00 invoiced

Bring: Picnic lunch & morning tea, drink, and sunscreen

Transport: Bus trip ♦ M'wether ♦ C'town ♦ Toronto

Saturday May 29th: Movies & Lunch Green Hills (Mobile G)

Cost: Approx. \$30.00 (Ticket \$18.00, Lunch approx. \$12)

Transport: \$15.00 to be invoiced

Bus trip ♦ M'wether ♦ C'town ♦ Toronto

Monday May 31st: Crafty Creations

Place: Alice Ferguson Community Centre

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Eastlakes/Swansea area

Monday May 31st: Monday Melodies

Place: Alice Ferguson Community Centre

Time: 10.00am to 3.00pm

Bring: Please bring your own morning tea & lunch

Transport: Newcastle area

Monday May 31st: Toronto Capers**Monday May 31st: Harmonies**

Time: 5.00pm to 8.00pm Cost: \$4.00 (incl. light meal)